

# STANWAY

# PEGASUS

OFFICIAL 2023/24 MATCHDAY PROGRAMME **FREE ON ENTRY**



## vs AFC SUDBURY RESERVES

Thurlow Nunn League Division One North

Saturday November 18th 2023 Kick Off 3:00pm



**oakheart**



**BARRON'S**  
BUILDING SERVICES



# STANWAY PEGASUS FC

Westside Arena, The Stanway School, Winstree Rd, Colchester CO3 0QA  
Email: Chairman Chris Powell. cgpowell76@gmail.com



# Welcome to THE WESTSIDE ARENA

## DIRECTORY

**Club Owner:** Ian Booth  
**Hon Club President:** Paul Booth  
**Chairman:** Chris Powell  
**Vice Chairman:** Vacant  
**Club Secretary:** Rosi Webb  
**1st Team Fixture Secretary:** Steve Parker  
**Club Treasurer:** Steve Macklin  
**Club Welfare Officer:** Samir Rhaiti  
**Social Media & Marketing Executives:**  
Jade Clemmens & Jon Ward  
**Events & Fundraising:** Cara Greenley  
**Car Park / Matchday Steward:** Carl Booth  
**Clubhouse Managers:** Kerry Turner & Samantha Harding  
**Programme Editor:** Steve Parker  
**Club Photographer:** Chris Thorne  
**Website Manager:** Glenn Chapman

### Youth

**Head of Youth:** Ray Turner  
**Boys Youth Secretary:** Max Booth  
**Girls Youth Secretary:** Darren Callendar

### Mens Playing Staff

**Manager:** Rosi Webb  
**Assistants:** Lee Braddon & Ian Booth  
**Goalkeeper Coach:** Tom Poole  
**Physio:** Sam Beddoes  
**Reserve Manager:** Craig Isom  
**Reserve Assistant:** Kris Budda

### Ladies Playing Staff

**Manager:** Gerald Jolly  
**Assistants:** Abigail Saxon  
**Reserve Manager:** Rosi Webb  
**Reserve Assistant:** Jade Clemmens

## RECENT HONOURS

**Eastern Counties (Thurlow Nunn) League**  
Division One South :  
Play Off Runners Up 2022-23

**Essex & Suffolk Border League**  
Premier Division Champions 2021-22  
Knockout Cup Winners: 2021-22

**Essex County Womens League**  
Premier Division Champions 2022-23

## RECORDS

**Best FA Vase performance:**  
3rd round proper, 2023-24 Season (so far)  
London Lions v Stanway Pegasus  
Saturday December 2nd 2023

**Highest Attendance:**  
399 v Sporting Bengal United,  
Thurlow Nunn Division One South Play Off Final,  
29th April 2023

**Highest League Attendance:**  
248 v Wivenhoe Town,  
Thurlow Nunn Division One South,  
8th August 2022

## GROUND REGULATIONS

**All persons entering the Stadium on match days are only admitted subject to these rules and regulations:**

- 1) The Club reserves the right to eject from the ground and prosecute, if thought appropriate, any person within the clubs premises who is considered in breach of the following: **a)** Entering the ground by any means other than through the proper turnstiles or gates. **b)** Entering the field of play before, during or after the game. **c)** Using obscene or abusive language or persistent swearing likely to cause offence. **d)** Using terms of abuse, racial or otherwise, that is likely to offend. **e)** Being drunk or being under the influence of drugs. **f)** Making vulgar or obscene gestures. **g)** Carrying any offensive object or throwing any article onto the field of play.
- 2) The Club reserves the right to refuse admission or eject from the ground any person who refuses to be searched by any servant or agent of the club or any Police Officer.
- 3) No glass bottles, drinking glasses or other such article or object is permitted in the ground and the Club Officials / Stewards will have the right to seize or confiscate any item or article considered to be a danger to others.
- 4) Climbing of the fences, stands and other structures including sitting on the barriers around the pitch is not permitted.
- 5) All vehicles are parked at the owner's risk.
- 6) Only players, officials and club personnel may enter the changing room area.
- 7) No Smoking or Alcohol allowed on school grounds.

Welcome the management team, players, committee and supporters of AFC Sudbury Football Club to The Westside Arena. We hope you have all had good trips here and have safe journeys home.

Below, the upto date table and forthcoming fixtures. FA Vase news on Page 15.

TO & INC 17-11-2023	P	W	D	L	F	A	GD	Pts
1 Holland FC	20	13	3	4	57	36	21	42
<b>2 Stanway Pegasus</b>	<b>17</b>	<b>12</b>	<b>2</b>	<b>3</b>	<b>63</b>	<b>13</b>	<b>50</b>	<b>38</b>
3 Framlingham Town	16	12	1	3	50	17	33	37
4 Great Yarmouth Town	17	11	3	3	42	25	17	36
5 Diss Town	20	10	4	6	38	37	1	34
6 Harwich & Parkeston	17	10	3	4	42	23	19	33
7 Holbeach United	17	9	3	5	44	27	17	30
8 FC Parson Drove	20	9	3	8	44	46	-2	30
9 AFC Sudbury Res	16	9	2	5	46	30	16	29
10 Dussindale & Hellesdon R	19	8	4	7	43	32	11	28
11 Wivenhoe Town	20	8	3	9	34	43	-9	27
12 FC Peterborough	22	8	2	12	45	52	-7	26
13 Whittlesey Athletic	20	8	2	10	35	48	-13	26
14 Cornard United	16	7	2	7	44	45	-1	23
15 Swaffham Town	16	7	0	9	39	38	1	21
16 Haverhill Rovers	17	7	0	10	38	45	-7	21
17 Needham Market U23s	18	4	2	12	27	60	-33	14
18 Whitton United	17	4	1	12	23	41	-18	13
19 Haverhill Borough	19	3	4	12	16	51	-35	13
20 Norwich CBS	18	3	2	13	27	56	-29	11
21 Leiston U23s	16	3	2	11	25	56	-31	11

### Sat 18 Nov 2023 15:00

FDN Cornard United v Holbeach United  
FDN FC Peterborough v Leiston U23s  
FDN Framlingham Town v FC Parson Drove  
FDN Great Yarmouth Town v Wivenhoe Town  
FDN Harwich & P v Dussindale & Hellesdon R  
FDN Haverhill Rovers v Whittlesey Athletic  
**FDN Stanway Pegasus v AFC Sudbury Res**  
FDN Whitton United v Haverhill Borough

### Sat 25 Nov 2023 15:00

FDN Dussindale & Hellesdon v Haverhill Rovers  
FDN FC Parson Drove v Leiston U23s  
FDN Framlingham Town v Cornard United  
FDN Haverhill Borough v Harwich & Parkeston  
**FDN Holbeach United v Stanway Pegasus**  
FDN Holland FC v Great Yarmouth Town  
FDN Norwich CBS v Needham Market U23s  
FDN Whittlesey Athletic v AFC Sudbury Res  
FDN Whitton United v Swaffham Town

### Sat 02 Dec 2023 15:00

**FA Vase London Lions v Stanway Pegasus**  
FDN AFC Sudbury Res v Holbeach United  
FDN Cornard United v Whitton United  
FDN FC Parson Drove v Holland FC  
FDN FC Peterborough v Haverhill Borough  
FDN Great Yarmouth Town v Whittlesey Athletic  
FDN Harwich & Parkeston v Framlingham Town  
FDN Haverhill Rovers v Norwich CBS  
FDN Leiston U23s v Diss Town  
FDN Needham Market U23s v Wivenhoe Town  
FDN Swaffham Town v Dussindale & Hellesdon

### Tue 05 Dec 2023 19:45

League Cup Framlingham Town v Brantham  
FDN Leiston U23s v Harwich & Parkeston

### Wed 06 Dec 2023 19:45

**FDN Holland FC v Stanway Pegasus**

# 1999

**AFC Sudbury was formed on 1st June 1999 from the amalgamation of Sudbury Town (founded 1885) and Sudbury Wanderers (founded 1958).**

The Club's teams play their fixtures at The Wardale Williams Stadium, Sudbury, Suffolk with a capacity of 2500.

### Reserve Team.

In 1999/2000 the Reserve team won the Essex & Suffolk Border League Premier Title, following this in 2000/2001 they won the Essex & Suffolk Border League Cup.

In 2005/2006 they won the Ridgeons Reserve League Southern Division title, but finished as Runners Up in the play off against the Northern Division Winners. They did however win the Suffolk Junior Cup.

In 2007/2008 they finished Runners Up in the Ridgeons Reserve League Southern Division. The following season (08/09) they finished mid-table but won the Chell Trophy.

In 2010/2011 they finished 3rd in the Ridgeons Reserve League and lost in the final of the Suffolk Senior Reserves Cup.

2013/2014 saw the Reserve Team elected to the Thurlow Nunn League First Division, and in 2014/2015 Danny Laws and his team took charge of the Reserve/U21 and U18 teams. The Reserves finished 14th in the League that season



and won the Thurlow Nunn First Division KO Cup.

Last season (2022/23) saw them finish in their highest position in the Thurlow Nunn Division 1 North (8th with 54 points), and also runners-up in the Suffolk Senior Cup.

### Management

**DANNY LAWS**  
Head of Football  
He has over 20 years of experience in youth development and a track record of nurturing young footballers through to first team level and beyond. He was a pioneer of the West Suffolk and Needham Market FC football academies and also holds the UEFA Advanced Coaching Licence.

**DAVE CANNON**  
Head of Education  
He is a qualified teacher and has a proven track record of spotting and recruiting talent as well as the organisation skills needed for running a development team. He holds the FA Level Two Coaching Award as well as the Youth Model 1.

**CRAIG POWER**  
Academy Manager  
Joined the Academy coaching team shortly after its inception, a good organiser who takes care of the day to

# TO 2023

day running of the Academy.

**GARETH NOLAN**  
Joined the team in 2022 as an assistant coach.

**STEFAN ROBSON**  
Goalkeeper coach

### Players

**LLOYD WICKS** - GOALKEEPER  
Promising young keeper handles ball and controls his area well.

**TOBY HURST** - GOALKEEPER  
A very capable and promising young keeper with all round abilities.

**THOMAS HENRICI-FERNANDEZ** - DEFENDER  
Hard working fullback who is also good going forward, can also play in midfield.

**STANLEY RICHARDSON** - DEFENDER  
Tall both good on the ground and in the air, can play as a defender or defensive midfielder.

**MUSTAFA HUSSAIN** - DEFENDER  
A combatant fullback who also likes to get forward.

**JENSON GOODE** - DEFENDER  
Hard working centre back who is good both in the air and on the ground. A good leader on the field.

**ALFIE SPURGEON** - DEFENDER  
A versatile and competitive defender who can also play in midfield.

# AFC SUDBURY RESERVES



ABOVE: AFC SUDBURY LEVEL IN OUR 1-1 DRAW EARLIER THIS SEASON. PHOTO STEVE SCREECH

**TOBY SILVERSWORD** - DEFENDER  
A calm and consistent defender, can play anywhere along the back line.

**MAX BROWNSDON** - DEFENDER  
Strong left sided defender, likes to carry ball out of defence.

**TOBY YULE** - MIDFIELDER  
He is strong in the tackle and can also drive forward with an eye for goal.

**HADLEY QUATTRUCCI** - MIDFIELDER  
An all-round midfielder who can act as a pivot from

defence to attack.  
**LUCA TERMINIELLO** - MIDFIELDER  
A midfield player who is very good technically, and can unlock defences. Covers all areas of the pitch and has an eye for goal.

**LLEYTON CHUBB** - MIDFIELDER  
Versatile midfielder who enjoys the attacking aspects of the role.

**JOE COBURN** - WING BACK  
Small but a hard working and very quick and skilful player, can play on either wing.

**KAIDON TOWER-KING** -

**FORWARD**  
A very pacy attacker, loves to take defenders on and shoot at goal.

**AARON BIRCH** - FORWARD  
A strong player who can lead the line and has an eye for goal.

**SAM COX** - FORWARD  
Has a good eye for goal, strong dribbler who can also play in midfield.

**KEIRAN WILLIAMS** - FORWARD  
Tall front-man with good ball skills, can hold play up and knows where the net is.





## The Pegasus FC Marketing HUB

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*OK good, that's us!*

**Local business**

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By Chris Dunlavy

SEVERAL years ago, whilst living in Oxford, I invited a couple of friends to watch the mighty U's in action.

Chris Wilder was in charge at the time and promotion to the Football League was finally on the horizon. James Constable was scoring for fun.

I'd hoped to show them that Non-League football wasn't the sporting wasteland of popular portrayal. That for the princely sum of £20 (twenty quid!) a ticket, they would be handsomely entertained by inventive football and skilful players.

It backfired. Oxford's opponents that day were Kettering, who even by the standards of the day were a brutally direct outfit. The ball spent more time in orbit than the International Space Station and the game was - to this day - one of the worst I've ever paid to watch.

Needless to say, neither of my guests were in a desperate hurry to ditch their season tickets at Newcastle.

Truth be told, though, that was a true reflection of Non-League football back then. For every Oxford, there were ten or 20 Kettering Towns, with a hefty unit up top, a couple of headcases at full-back and a midfield that spent the 90 minutes making tackles or watching the ball sail overhead.

And why wouldn't that be the case? Attitudes remained old school. Players still enjoyed a beer, or ten. English clubs weren't yet producing the abundance of talent available today and with only a couple of nights to train every week, it was unrealistic to expect anything else.

Which is why watching Step 3 Horsham go blow for blow with League One Barnsley in the FA Cup last weekend was to be reminded of the incredible progress made by Non-League sides over the last decade.

Whenever an underdog triumphs - and a 3-3 draw at Oakwell was most certainly that - it is tempting to talk about grit and heroism and manning the trenches. To assume that only by outworking and outfighting a preening Goliath can an artisan like David ever hope to prosper.

Yet any such suggestion would do Horsham and their manager Dom Di Paola a massive disservice.

Horsham grafted alright. Over the course of the night, they repelled 24 shots. But they never once looked ragged or desperate.

From the first whistle to the last, they adhered to a clear strategy and carried it out with discipline and intelligence.

In transition - a word nobody even used 15 years ago - the Hornets were magnificent, snapping from a back five to

a front five with a speed that would have made Pep Guardiola proud. All three of Horsham's goals resulted from rapid overloads on the counter.

What this tactic demonstrated was that Di Paola had analysed Barnsley and recognised that their high defensive line was vulnerable to quick breaks and balls in behind.

It also showed that Horsham's part-time players were smart enough and fit enough to carry out a gameplan that, even for elite professional sides, is physically and mentally demanding.

Frankly, this sort of precision and planning would hardly have happened in the National Premier a decade ago, let alone at Step 3 - and it cuts to the heart of why Non-League football has improved so rapidly.

Back in 2011, AFC Wimbledon keeper Seb Brown was hailed as a visionary for using YouTube to research the preferences of Luton's penalty takers prior to his match-winning performance in the play-off final shoot-out.

Brown did that off his own back. He had to - only the very biggest clubs could afford access to meaningful data in those days, meaning someone like Di Paola couldn't have hoped to study Barnsley without actually visiting Oakwell.

Today, nobody needs YouTube. Clubs far below Horsham's level have access to GPS, scouting and analytics, and enough data to forensically examine the prevalence of backpasses in Timbuktu.

Players, in turn, don't require physical training time to understand a gameplan. They can view clips online, analyse their own performance or understand how an opponent plays.

Tactical intelligence is no longer the preserve of full-time pros, and nor are professional standards.

Non-League football may still be about having a post-match beer with punters in the clubhouse - and long may that continue - but the vast majority of semi-pro players (many of whom have come through the academy system) now live the lifestyle of an elite athlete.

These improvements - combined with an influx of overseas players at the highest level forcing domestic talent downwards - have changed Non-League football beyond all recognition, and the preponderance of upsets in this year's FA Cup only reinforces the point.

My old mates have had their fingers burned. But anyone introduced to the Non-League game by Horsham last weekend could not fail to be converted.

# MENS FIRST TEAM



# FIRST TEAM STATS



TNL = Thurlow Nunn Division One North, FAV = FA Vase, LC = League Cup, ESC = BBC Essex Senior Cup

2023/24	OPPOSITION	COMP	RES	ATT	Goal scorers
Sat 29 Jul	A Norwich CBS	TNL	8-2	?	Ager 3, C Griffith 3, Kabangu, M Booth
<b>Tue 1 Aug</b>	<b>H Holland FC</b>	<b>TNL</b>	<b>4-0</b>	<b>240</b>	<b>M Booth 2, Kabangu, Titilola</b>
Sat 5 Aug	A Diss Town	TNL	0-1	99	-
<b>Sat 12 Aug</b>	<b>H FC Parson Drove</b>	<b>TNL</b>	<b>9-0</b>	<b>112</b>	<b>M Booth 4, Ager 2, C Griffith, McDonald</b>
<b>Tue 15 Aug</b>	<b>H Haverhill Rovers</b>	<b>TNL</b>	<b>1-0</b>	<b>121</b>	<b>M Booth</b>
Sat 19 Aug	A Framlingham Town	TNL	2-1	70	Booth, Marangou
<b>Sat 26 Aug</b>	<b>H Haverhill Borough</b>	<b>FAV 1Q</b>	<b>10-1</b>	<b>110</b>	<b>C Griffith 3, McDonald 3, M Booth 2, Marangou 2</b>
Tue 29 Aug	A AFC Sudbury Reserves	TNL	1-1	128	Barron
<b>Sat 2 Sept</b>	<b>H Whittlesey Athletic</b>	<b>TNL</b>	<b>5-1</b>	<b>86</b>	<b>M Booth 2, C Griffith, Chapman, Issa</b>
Tue 5 Sept	A Holland FC	LC2	3-3	116	Griffith 2, Booth (Pegasus won 3-1 on pens)
<b>Tue 12 Sept</b>	<b>H Cornard United</b>	<b>TNL</b>	<b>5-0</b>	<b>156</b>	<b>C Griffith 2, M Booth, Kabangu, Ager</b>
<b>Sat 16 Sept</b>	<b>H FC Peterborough</b>	<b>TNL</b>	<b>6-0</b>	<b>101</b>	<b>Griffith 3, Chapman, Booth, Titilola</b>
<b>Tue 19 Sept</b>	<b>H Whitton United</b>	<b>TNL</b>	<b>1-0</b>	<b>107</b>	<b>M Booth</b>
<b>Sat 23 Sept</b>	<b>H Takeley</b>	<b>FAV2Q</b>	<b>3-1</b>	<b>50</b>	<b>M Booth 2, C Griffith</b>
<b>Tue 26 Sept</b>	<b>H Haverhill Borough</b>	<b>TNL</b>	<b>4-0</b>	<b>85</b>	<b>Cripps 2, C Griffith, Ager</b>
Sat 30 Sept	A FC Peterborough	TNL	2-3	91	C Griffith, Ager
Tue 3 Oct	A Barkingside	ESC1	1-2	?	Cripps (Barkingside switched tie to Stanway)
<b>Sat 7 Oct</b>	<b>H Swaffham Town</b>	<b>TNL</b>	<b>5-0</b>	<b>101</b>	<b>C Griffith 2, Marshall, Keating, Ager</b>
Tue 17 Oct	A Wivenhoe Town	TNL	0-1	152	-
Sat 21 Oct	A Halstead Town	FAV 1R	2-2	478	Issa, Ager (Pegasus won 5-4 on pens)
<b>Tue 24 Oct</b>	<b>H Harwich &amp; Parkeston</b>	<b>TNL</b>	<b>2-2</b>	<b>240</b>	<b>C Griffith, Ager</b>
Sat 28 Oct	A Leiston U23s	TNL	8-1	47	Ager 3, C Griffith 2, Marshall, Phillips, Kabangu
Wed 8 Nov	A Hutton	LC3	0-1	100	-
<b>Sat 11 Nov</b>	<b>H Barkingside</b>	<b>FAV2R</b>	<b>1-0</b>	<b>150</b>	<b>McDonald</b>
<b>Sat 18 Nov</b>	<b>H AFC Sudbury Reserves</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 25 Nov	A Holbeach United	TNL	3:00pm		
Sat 2 Dec	A London Lions	FAV 3R	3:00pm		Rowley Ln, Barnet EN5 3HW
Wed 6 Dec	A Holland FC	TNL	7.45pm		
<b>Sat 9 Dec</b>	<b>H Leiston U23s</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 16 Dec	A Dussindale & Hellesdon Rovers	TNL	3:00pm		
Tue 26 Dec	A Harwich & Parkeston	TNL	11:00am		
Sat 30 Dec	A Whitton United	TNL	3:00pm		
Sat 6 Jan	A FC Parson Drove	TNL	3:00pm		
<b>Sat 13 Jan</b>	<b>H Framlingham Town</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 20 Jan	A Haverhill Borough	TNL	3:00pm		
Sat 27 Jan	A Cornard United	TNL	3:00pm		
<b>Sat 3 Feb</b>	<b>H Great Yarmouth</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 10 Feb	A Swaffham Town	TNL	3:00pm		
<b>Sat 17 Feb</b>	<b>H Needham Market U23s</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 2 Mar	A Whittlesey Athletic	TNL	3:00pm		
Sat 9 Mar	A Needham Market U23s	TNL	3:00pm		
<b>Sat 16 Mar</b>	<b>H Wivenhoe Town</b>	<b>TNL</b>	<b>3:00pm</b>		
<b>Sat 23 Mar</b>	<b>H Diss Town</b>	<b>TNL</b>	<b>3:00pm</b>		
<b>Sat 30 Mar</b>	<b>H Dussindale &amp; Hellesdon R</b>	<b>TNL</b>	<b>3:00pm</b>		
Mon 1 Apr	A Haverhill Rovers	TNL	3:00pm		
<b>Sat 6 Apr</b>	<b>H Norwich CBS</b>	<b>TNL</b>	<b>3:00pm</b>		
Sat 13 Apr	A Great Yarmouth Town	TNL	3:00pm		
<b>Sat 20 Apr</b>	<b>H Holbeach United</b>	<b>TNL</b>	<b>3:00pm</b>		



	INCLUDING BARKINGSIDE (H)			LEAGUE			LEAGUE CUP			FA VASE			ESSEX COUNTY			TOTALS		
	APP	SUB	GLS	APP	SUB	GLS	APP	SUB	GLS	APP	SUB	GLS	APP	SUB	GLS	APP	SUB	GLS
Sam Felgate (GK)	16	0	0	2	0	0	4	0	0	1	0	0	23	0	0			
Dean Ager	17	0	13	1	1	0	3	0	1	1	0	0	22	1	14			
Callum Griffith	15	1	17	2	0	2	4	0	4	0	0	0	21	1	23			
Jack McPherson	15	1	0	1	1	0	3	0	0	1	0	0	20	2	0			
Freddie Hayes	11	3	0	2	0	0	4	0	0	1	0	0	18	3	0			
Zac Smith-Walter	10	3	0	2	0	0	4	0	0	1	0	0	17	3	0			
Ben McPherson	11	2	0	1	0	0	2	0	0	1	0	0	15	2	0			
Harry McDonald	11	1	1	1	0	0	3	0	4	0	0	0	15	1	5			
Reife Marangou	9	5	1	1	0	0	4	0	2	1	0	0	15	5	3			
Max Booth	11	0	14	1	0	1	2	0	4	0	0	0	14	0	19			
Josh Chapman	10	1	2	1	0	0	1	0	0	0	0	0	12	1	2			
Rauf Kabangu	10	3	4	0	2	0	1	1	0	0	1	0	11	7	4			
George Barron	9	1	1	1	0	0	1	0	0	0	0	0	11	0	1			
Reece Keating	8	1	1	0	1	0	2	0	0	1	0	0	11	2	1			
Elliott Aves	5	11	0	2	0	0	2	0	0	1	0	0	10	11	0			
Harry Boon	4	7	0	1	1	0	0	2	0	0	1	0	5	11	0			
Tariq Issa	3	5	1	1	0	0	1	1	1	0	0	0	5	6	2			
Sam Cripps	2	2	2	1	0	0	1	1	0	1	0	1	5	3	3			
Samir Rhaiti	2	4	0	0	1	0	2	2	0	0	0	0	4	7	0			
Jack Marshall	3	3	2	0	0	0	0	0	0	1	0	0	4	3	2			
Jake Phillips	2	2	1	1	0	0	0	0	0	0	1	0	3	3	1			
Daniel Titilola	2	8	3	0	1	0	0	0	0	0	1	0	2	10	3			
Jon Hardy (GK)	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0			
Gianni Sabini	0	1	0	0	1	0	0	0	0	0	0	0	0	2	0			
Jack Slater	0	0	0	0	1	0	0	0	0	0	1	0	0	2	0			
Will Bray	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0			
Kester Anumba	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0			
Own goals for	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
<b>Totals</b>	<b>187</b>	<b>67</b>	<b>63</b>	<b>22</b>	<b>10</b>	<b>3</b>	<b>44</b>	<b>7</b>	<b>16</b>	<b>11</b>	<b>5</b>	<b>1</b>	<b>264</b>	<b>88</b>	<b>83</b>			





Stanway Pegasus Football Club was derived from the most successful Sunday League side in Colchester history, AFC Pegasus, who won an incredible 64 honours over a period of 30 years with Paul and Heather Booth at the helm for every one of them.

AFC Pegasus in turn was created from Pegasus Youth in 1985 who had a great history in the Colchester Youth League for many years dating back to the early 1970's with the founder being Mr Peter Peters.

When Paul and Heather stepped aside a new era was about to begin and the transition from Sunday League to Saturday football for the senior team in 2018 opened the door for the return of the youth set up at the club.

With passion and drive to succeed than ever before, both off and off the pitch, we were ready to start that new era. With various youth and men's teams in full swing, our vision is to be one of the biggest clubs in Essex that has men's teams competing at a high level of non-league football who lead the way for the youth set-up. This youth set-up will progress through their age groups starting at U6's, all the way through to U18's.

This is what we call 'The Pathway'. Although player development is a key aspect of our philosophy, the aim for the youth is to enjoy playing football for Stanway Pegasus and looking at the talented home grown youth squads we have, boys and girls the future is looking very good under the guidance of our Head

of Youth Ray Turner.

The Club prides itself hugely on former and current players plus youth managers taking up major roles within the Club whilst surrounding ourselves with people we trust.



Soon to be added to the Pegasus family were the women, girls and recently the Vets as the club proudly sits at over 30 teams have been the fastest growing Club in the area and success is no stranger with many league titles and promotions along with cup success the Club is blossoming into a huge success story and long may it continue.

Senior football for the men's first team was secured for the first time at the end of the 2021 /22 season with the team gaining promotion from Essex and Suffolk Border Premier League where they went unbeaten winning the league with 98 points from 34 games scoring 126 goals in the process.

They also beat Tiptree Heath 1-0 in the League Cup Final at Little Oakley. Max Booth was the Division's top goal scorer with 34 (26 league and 8 Cup)

The 2022/23 Season saw the team in the clubs first season in the Eastern Counties Division One South where we narrowly lost out on promotion at the first attempt via a penalty shoot out after a 2-2 draw against Sporting Bengal.

Although heartbreaking at the time looking back and what a debut season for the club in senior football. Callum Griffith was the Division's top goal scorer with 32 (29 league and 3 Cup / play offs)

Rosi Webb (Pictured) has been a revelation for our club during this period being the Men's 1st team manager while also playing in the successful ladies' teams she is Mrs Pego and quite rightly getting the accolades she deserves.

2023/24 Season has seen the Men's first team moved sideways from the Eastern Counties Division One South division to the North division while the Men's Reserve team are competing in the Essex and Suffolk Border League's Premier Division.

The ladies have been just as successful in a short period of time with winning the Essex County Woman's Premier League piping by 2 points local rivals Stanway Rovers to seal back to back promotions that now see them competing in the Eastern Region League for the first time as the club looks to push on in all fronts.

A Ladies reserve team started up and joined the Essex County Woman's League Division 3 for the 2023/24 season.



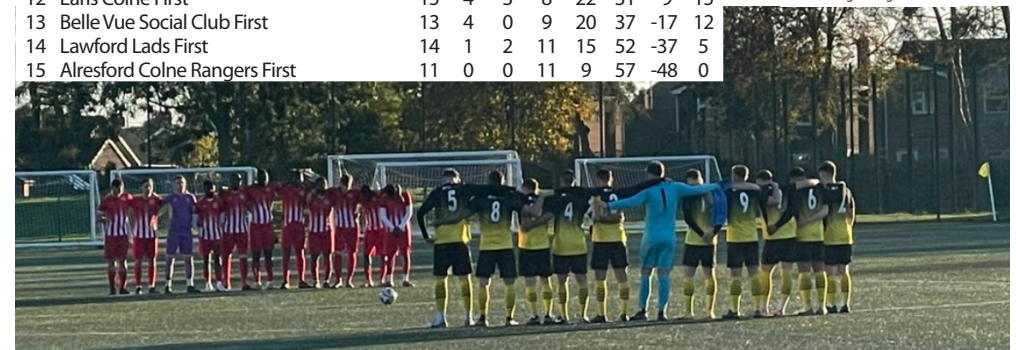
ESBL = Essex & Suffolk Border League, LC = League Cup

2023/2024	OPPOSITION	COMP	RES	Goal scorers
Fri 11 Aug	A Sudbury Sports	ESBL	2-0	Anumba 2
<b>Sat 19 Aug</b>	<b>H Tiptree Heath</b>	<b>ESBL</b>	<b>2-3</b>	<b>Slater, Bray</b>
Tue 22 Aug	A Stanway Rovers Reserves	ESBL	0-3	-
Sat 26 Aug	A Colne Athletic	ESBL	1-2	Hudson
<b>Tue 29 Aug</b>	<b>H Brightlingsea Town</b>	<b>ESBL</b>	<b>7-3</b>	<b>Rhaiti 2, Rutter 2, Payne, Hughes, Bray</b>
Sat 2 Sept	A Earls Colne	ESBL	0-0	-
<b>Sat 9 Sept</b>	<b>H Hatfield Peveral</b>	<b>ESBL</b>	<b>3-1</b>	<b>Anumba, O Booth, Elliott</b>
Sat 16 Sept	A Alresford Colne Rangers	ESBL	4-0	Anumba, Elliott, Payne, Rutter
Sat 23 Sept	A Little Oakley Reserves	LC	7-3	O Booth2, Bray, Buda, J Griffith, Brooks, Elliott
<b>Sat 30 Sept</b>	<b>H Dedham Old Boys</b>	<b>ESBL</b>	<b>3-3</b>	<b>O Booth, J Griffith, Elliott</b>
Sat 7 Oct	A Tiptree Heath	ESBL	1-2	Payne 2
<b>Sat 14 Oct</b>	<b>H Sudbury Sports</b>	<b>ESBL</b>	<b>4-1</b>	<b>O Booth 3, Payne</b>
Sat 21 Oct	A Brightlingsea Town	ESBL	0-4	-
<b>Sat 28 Oct</b>	<b>H Barnston</b>	<b>ESBL</b>	<b>0-1</b>	-
Sat 4 Nov	A Belle Vue	ESBL	2-4	J Griffith, O Booth
Sat 11 Nov	A Hatfield Peveral	ESBL	0-1	-
Sat 18 Nov	A White Notley	ESBL	2pm	-
<b>Sat 25 Nov</b>	<b>H Sliver End</b>	<b>ESBL</b>	<b>2pm</b>	-
<b>Sat 2 Dec</b>	<b>H Alresford Colne Rangers</b>	<b>ESBL</b>	<b>2pm</b>	-
Sat 9 Dec	A Dedham Old Boys	ESBL	2pm	-
<b>Sat 16 Dec</b>	<b>H Gosfield</b>	<b>LC</b>	<b>2pm</b>	-
<b>Sat 6 Jan</b>	<b>H Earls Colne</b>	<b>ESBL</b>	<b>2pm</b>	-

ESSEX & SUFFOLK BORDER PREMIER	P	W	D	L	F	A	GD	Pts
1 Colne Athletic	15	13	1	1	42	11	31	40
2 Hatfield Peveral First	15	9	2	4	30	16	14	29
3 Dedham Old Boys First	13	8	2	3	33	14	19	26
4 Brightlingsea Town First	13	8	1	4	46	32	14	25
5 Stanway Rovers Community Reserves	15	7	3	5	39	30	9	24
6 Tiptree Heath	13	7	2	4	41	18	23	23
7 Silver End United First	11	7	1	3	41	22	19	22
8 Stanway Pegasus Reserves	15	6	2	7	30	27	3	20
9 White Notley Saturday First	13	6	2	5	29	43	-14	20
10 Barnston	16	6	1	9	27	33	-6	19
11 Sudbury Sports F.C. First	14	6	0	8	29	30	-1	18
12 Earls Colne First	15	4	3	8	22	31	-9	15
13 Belle Vue Social Club First	13	4	0	9	20	37	-17	12
14 Lawford Lads First	14	1	2	11	15	52	-37	5
15 Alresford Colne Rangers First	11	0	0	11	9	57	-48	0



Manager Craig Isom





# LADIES FIRST TEAM



ERL = Eastern Region Womens League, FAC= Womens FA Cup, LC = League Cup, CC = Essex County Cup

2023/2024	OPPOSITION	COMP	RES	Goal scorers
Sun 8 Aug	A Grays Athletic First	ERL	1-0	Horne
Sun 3 Sept	A Lawford Ladies	ERL	0-3	-
Sun 10 Sept	A Harpenden Town	FAC	2-3	Horne, Burder
<b>Sun 17 Sept</b>	<b>H Wormley Rovers</b>	<b>ERL</b>	<b>2-4</b>	Steed, Wilding
Sun 24 Sept	A Watford Development	ERL	2-3	Horne, Burder
Sun 1 Oct	A Wormley Rovers	ERL	3-2	Duchar-Clark, Robinson, Burder
<b>Sun 15 Oct</b>	<b>H Chigwell W</b>	<b>CC</b>	<b>8-2</b>	Horne 4, Jolly 3, Clarke
<b>Sun 22 Oct</b>	<b>H Billericay Town Dev</b>	<b>ERL</b>	<b>2-4</b>	Steed, Reeves
Sun 29 Oct	A Cheshunt FC	ERL	P-P	(Cheshunt awarded points)
Sun 5 Nov	A St Albans City FC	LC	1-3	Horne
<b>Sun 19 Nov</b>	<b>H Grays Athletic Dev</b>	<b>CC</b>	<b>1.30pm</b>	<b>AT SHRUB END ASTRO PITCH</b>
Sun 26 Nov	A Hutton W	ERL	2pm	
<b>Sun 3 Dec</b>	<b>H Lawford Ladies</b>	<b>ERL</b>	<b>2pm</b>	
Sun 10 Dec	A Southend United	ERL	2pm	
<b>Sun 7 Jan</b>	<b>H Watford Dev</b>	<b>ERL</b>	<b>2pm</b>	
Sun 14 Jan	A Wodson Park	ERL	2pm	
Sun 28 Jan	A Hertford Town	ERL	2pm	
<b>Sun 4 Feb</b>	<b>H Cheshunt</b>	<b>ERL</b>	<b>2pm</b>	
<b>Sun 11 Feb</b>	<b>H Southend United</b>	<b>ERL</b>	<b>2pm</b>	
<b>Sun 18 Feb</b>	<b>H Hutton W</b>	<b>ERL</b>	<b>2pm</b>	
Sun 25 Feb	A Billericay Town Dev	ERL	2pm	
<b>Sun 3 Mar</b>	<b>H Wodson Park</b>	<b>ERL</b>	<b>2pm</b>	
<b>Sun 10 Mar</b>	<b>H Hertford Town</b>	<b>ERL</b>	<b>2pm</b>	
<b>Sun 17 Mar</b>	<b>H Grays Athletic First</b>	<b>ERL</b>	<b>2pm</b>	



EASTERN REGION WOMANS DIV 1 SOUTH										P	W	D	L	GF	GA	GD	Pts
1	Watford Ladies Development FC First	6	6	0	0	27	5	22	18								
2	Southend United Community Sports Club La	7	5	1	1	25	19	6	16								
3	Cheshunt FC Women First	7	4	0	3	14	22	-8	12								
4	Wormley Rovers Ladies	6	3	1	2	20	16	4	10								
5	Hertford Town Women First	6	3	1	2	11	10	1	10								
6	Lawford Ladies First	6	2	3	1	17	12	5	9								
7	Billericay Town Women Development	6	3	0	3	12	13	-1	9								
8	Hutton W First Women	9	2	3	4	17	24	-7	9								
9	Wodson Park Ladies First	9	2	2	5	18	21	-3	8								
10	Stanway Pegasus Ladies First	7	2	0	5	10	16	-6	6								
11	Grays Athletic Women First	7	0	1	6	7	20	-13	1								



# LADIES RESERVE TEAM



EWL = Essex Womens League, LC = League Cup, CC = Essex County Cup

2023/2024	OPPOSITION	COMP	RES	Goal scorers
Sun 9 Sept	A Southend City Women's First	EWL	7-0	Webb 2, Marr 2, Daldry, Evans, Clemmens
<b>Sun 17 Sept</b>	<b>H Changing Lives Women First</b>	<b>EWL</b>	<b>5-0</b>	<b>Marr 2, Webb, Clemmens, Foord</b>
Sun 1 Oct	A Woodham Radars First	EWL	17-0	Webb 6, Daldry 3, Desborough 2, Marr 2, Lee, Gibson, Foord, Clemmens
Sun 15 Oct	A Lawford Ladies First	CC	0-6	-
<b>Sun 22 Oct</b>	<b>H Hatfield Peverel Women</b>	<b>EWL</b>	<b>8-0</b>	Clemmens 3, Marr 3, Webb 2
Sun 5 Nov	A Island Ladies First (Canvey)	EWL	5-0	Clemmens 2, Daldry, Desborough, Purser
<b>Sun 12 Nov</b>	<b>H Leigh Ramblers First</b>	<b>LC</b>	<b>0-4</b>	-
<b>Sun 19 Nov</b>	<b>H Toby Ladies Reserves</b>	<b>EWL</b>	<b>2pm</b>	<b>AT SHRUB END GRASS PITCH</b>
<b>Sun 26 Nov</b>	<b>H Southend City Women's First</b>	<b>EWL</b>	<b>2pm</b>	
Sun 3 Dec	A Changing Lives Women First	EWL	2pm	
Sun 17 Dec	A Great Bradfords Ladies Reserves	EWL	2pm	
Sun 14 Jan	A Runwell Sports Ladies First	EWL	2pm	
<b>Sun 21 Jan</b>	<b>H Leigh United Ladies</b>	<b>EWL</b>	<b>2pm</b>	
Sun 28 Jan	A Hatfield Peverel Women	EWL	2pm	
<b>Sun 4 Feb</b>	<b>H Great Bradfords Ladies Res</b>	<b>EWL</b>	<b>2pm</b>	
<b>Sun 11 Feb</b>	<b>H Island Ladies First (Canvey)</b>	<b>EWL</b>	<b>2pm</b>	
Sun 18 Feb	A Grays Athletic Women Dev	EWL	2pm	
Sun 25 Feb	A Toby Ladies Reserves	EWL	2pm	
<b>Sun 3 Mar</b>	<b>H Runwell Sports Ladies First</b>	<b>EWL</b>	<b>2pm</b>	
Sun 10 Mar	A Leigh United Ladies	EWL	2pm	
<b>Sun 17 Mar</b>	<b>H Grays Athletic Women Dev</b>	<b>EWL</b>	<b>2pm</b>	
<b>Sun 31 Mar</b>	<b>H Woodham Radars First</b>	<b>EWL</b>	<b>2pm</b>	



ESSEX WOMANS LEAGUE DIVISION 3										P	W	D	L	GD	Pts
1	Grays Athletic Women Development	7	6	0	1	37	18								
2	Stanway Pegasus Ladies Reserves	5	5	0	0	42	15								
3	Leigh United Ladies	5	5	0	0	33	15								
4	Toby Ladies Reserves	6	3	1	2	13	10								
5	Island Ladies First	5	3	0	2	3	9								
6	Hatfield Peverel Women	8	3	0	5	-4	9								
7	Runwell Sports Ladies First	5	2	0	3	-5	6								
8	Great Bradfords Ladies Reserves	6	2	0	4	-28	6								
9	Southend City Women's First	6	1	0	5	-28	3								
10	Changing Lives Women First	5	0	1	4	-31	1								
11	Woodham Radars Ladies First	4	0	0	4	-32	0								



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# The draw for the 3rd Round proper of the ISUZU FA VASE 2023-24



### DATES OF ROUNDS

Third Round Proper  
 Fourth Round Proper  
 Fifth Round Proper  
 Sixth Round Proper  
 Semi Final First Leg  
 Semi Final Second Leg  
 Final

Saturday 2 December 2023  
 Saturday 13 January 2024  
 Saturday 10 February 2024  
 Saturday 9 March 2024  
 Saturday 30 March 2024  
 Saturday 6 April 2024  
 Saturday 11 May or Sunday 12 May 2024

### PRIZE FUND PAYMENTS

First Round Qualifying  
 Second Round Qualifying  
 First Round Proper  
 Second Round Proper  
 Third Round Proper  
 Fourth Round Proper  
 Fifth Round Proper  
 Sixth Round Proper  
 Semi Final  
 Final

### WINNING CLUB LOSING CLUB

£550	£160
£725	£225
£825	£250
£900	£275
£1125	£350
£1875	£600
£2250	£725
£4125	£1350
£5500	£1725
£30000	£15000



We have been drawn away to London Lions from the Spartan South Midlands Football League. Based between Barnet and Borehamwood. They play at one level above ourselves. The clubs record attendance is 197. The season before last they reached the 4th round of the FA Vase.

- |   |   |
|---|---|
| 01 Emley v West Didsbury & Chorlton                               | 17 Romford v Mildenhall Town                                  |
| 02 Ramsbottom United v Hallam                                     | 18 Walsham Le Willows v White Ensign                          |
| 03 Ashville or Holker Old Boys v South Liverpool                  | 19 Lingfield v Deal Town                                      |
| 04 Newcastle University v Silsden                                 | 20 Roffey v North Greenford United                            |
| 05 Blyth Town v Bishop Auckland                                   | 21 Hilltop v Hamble Club                                      |
| 06 Whickham v Irlam   | 22 Harefield United v Jersey Bulls                            |
| 07 Carlisle City v Charnock Richard                               | 23 Farnham Town or Snodland Town v Burnham                    |
| 08 Highgate United v Lichfield City                               | 24 Eastbourne United v Holmesdale                             |
| 09 Ashby Ivanhoe or Brocton v Tividale                            | 25 Athletic Newham v Erith Town                               |
| 10 Eastwood Community v Stourport Swifts                          | 26 Egham Town v Cobham  |
| 11 Worcester City v Boston Town                                   | 27 Nailsea & Tickenham or Hartpury University v Clevedon Town |
| 12 Lincoln United v Congleton Town                                | 28 Barnstaple Town v Falmouth Town                            |
| 13 Biggleswade United v Whitchurch Alport or Lutterworth Athletic | 29 Hamworthy Recreation v Wells City                          |
| <b>14 London Lions v Stanway Pegasus</b>                          | 30 AFC St Austell v Highworth Town                            |
| 15 Tilbury v Saffron Walden Town                                  | 31 Royal Wootton Bassett v Bridgwater United                  |
| 16 Fakenham Town v Great Wakering Rovers                          | 32 Brixham v Downton  |





## STANWAY PEGASUS

**Manager:** Rosi Webb  
**Assistants:** Ian Booth & Lee Braddon  
**Physio:** Sam Beddoes  
**Shirts:** Yellow & Black  
**Shorts:** Black **Socks:** Yellow

Pl Gls From

- Sam Felgate (GK)
- Jack McPherson
- Samir Rhaiti
- Zac Smith-Walter
- Reece Keating
- Freddie Hayes
- Dean Ager (C)
- Reife Marangou
- Callum Griffith
- Jack Marshall
- Tariq Issa
- Ben McPherson
- Harry Boon
- Sam Cripps
- Rauf Kabangu
- Jake Phillips
- Elliott Aves
- Daniel Titilola
- George Barron
- Harry McDonald
- Josh Chapman



## MATCH OFFICIALS



**Referee:**  
Thomas Ling



**Assistants:**  
Andrew Denikiewicz  
Liam Tatum

## NEXT FIRST TEAM FIXTURE AT THE WESTSIDE ARENA



**LEISTON U23s**  
**SATURDAY**  
**DECEMBER 9TH. 3PM**  
**THURLOW NUNN**  
**1ST DIVISION NORTH**



## AFC SUDBURY RESERVES

**Manager:** Dave Cannon  
**Assistant:** Gareth Nolan  
**Head of Football:** Danny Laws  
**Academy Head:** Craig Powers  
**Shirts:** Blue  
**Shorts:** Yellow **Socks:** Blue

Pl Gls From

- Lloyd Wicks (GK)
- Jenson Goode
- Max Brownsdon
- Joe Coburn
- Tristan Yule
- Billy Walsh
- Tom Henrici-Fernandez
- Stanley Richardson
- Luca Terminiello
- Kieran Williams
- Alfie Lambert
- Lleyton Chubb
- Sam Cox
- Hadley Quattrucci
- Toby Silversword
- Alfie Spurgeon

